

Mac News

*The latest Weston General Hospital cancer news, views
and announcements*

Volunteer Support From Macmillan

Macmillan Volunteering Improvement Advisers (VIAs), have a remit to work with anyone who involves or manages volunteers in their work, whether that's within Macmillan Cancer Support or our Partnerships, to build their skills, knowledge, and confidence in working with volunteers.

MACMILLAN VOLUNTEER MANAGEMENT OFFER

Whether you are brand new to volunteer management or have years of experience, we have something to support you...

Specialist support from the start

- An induction to volunteering at Macmillan
- Bespoke guidance, coaching and advice on all aspects of involving and managing volunteers

Resources

- Toolkits and adaptable templates to help involve and manage volunteers in your work
- Volunteer recruitment support through Macmillan's online system, Assemble
- Posters, recognition resources and more via Be.Macmillan
- Communications for you and your volunteers

Learning & Development

- Signposting to relevant external volunteer management training/learning resources
- Leading & Inspiring volunteers Workshop- coming in 2023

Networking and sharing

- Connecting you with other volunteer managers to learn and share best practice

Quality Improvement

- Access to Quality Improvement tools and resources to benchmark your service and practice against



Rachel Ackerman (VIA, Wales and South West)

"The VIAs can support with everything, from planning for volunteers within a new service or a service looking to bring volunteers back or into new roles, through to saying goodbye to volunteers and everything in between, as well as personal and professional development for volunteer managers."

Want to find out more?

Contact the Volunteering Improvement Advisers at the [Volunteer Managers' Helpdesk](#) or <mailto:rackerman@macmillan.org.uk>

If you are interested in volunteering for Macmillan, or you know someone who does, please visit our website [Volunteering - Macmillan Cancer Support](#)

Matrons Musings : Amanda Bessant



This year has certainly flown, how can we possibly be approaching autumn already? As well as a change to the season there will be changes to the structure of the Macmillan Cancer Nurses & Macmillan Cancer Support Workers.

Both the Upper GI & Colorectal Macmillan Cancer Nurses will be transferring over to the surgical division within UHBW in October 2022. The Macmillan Cancer Nurses from the Acute Oncology Service & the Haematology team, along with the nursing team from the Oncology Haematology Day Unit will join UHBW Specialised Services.

Although there will be changes within the UHBW divisional structure, the cancer teams will continue to work closely as a unified cancer team, in order to support patients & their family as well as other health care professionals to provide a high quality service.

In addition, there has been an exciting change to my role, which now combines both operational & corporate responsibilities in the dual role of Macmillan Cancer Matron & Trust Deputy Lead Cancer Nurse.....as reflected in above footwear!

I will continue to work closely with the Trust Lead Cancer Nurse, Ruth Hendy, to support the provision of strategic Trust wide leadership & ensure consistency in developing high quality cancer nursing services. The cancer matron element allows the continuing nursing leadership to ensure patients receive the best possible care from the cancer nursing services.

These changes may not be as visible as the changes in the seasons, autumn will bring about a pleasing palette of reds, oranges & browns to the crunchy leaves underfoot, darker nights, cosy woollies & the start of a chill in the air.....which is always a good excuse for hot chocolate!

Sisters Update From the OHDU

As we approach the end of a beautiful summer, it's time to reflect on the last few months. The pace of clinical work over the summer has been steady but the impact of staff taking leave and the loss of one of our longstanding most experienced staff nurses Kelly, has meant the days have been long and hard both physically and emotionally.

We applaud Kelly and wish her well on her promotion to upper GI clinical nurse specialists. We are really appreciative that she has chosen to work clinically on the unit for 1 shift a week, as her expertise, knowledge and skills are a huge asset to our team. (And we would miss her too much!)

We also need to congratulate Leanne who has just completed her UKONS SACT passport and the UWE Masters module which means this will now be recognised as a formal qualification. This has been a huge undertaking for Leanne who came with many other skills but had not worked in cancer care or chemotherapy administration before. I am sure she will agree with me that it's been a long and complex process and she will be glad to take a breather from formal learning.

Chris, our newest member of the team is settling in really well and progressing through his UKONS SACT passport, which is a major achievement for someone who has been out of acute clinical practice for the past 10 years. We welcome a bit of diversity as he is our first male staff nurse, who has quickly become a valid member of the team and especially appreciated by the patients.

For the past 6 months we have been working towards integration with the specialised services division at BHOC which will see us leave the Weston surgical division. This will bring us into alignment with the chemo day unit at BHOC and hopefully we won't feel like a square peg in a round hole anymore. This move will see us changing our chemotherapy prescribing system, using care vitals to record e-obs and our biggest challenge preparing to go paperless! There are a lot of changes ahead and we hope with a bit of support and nurturing to fully embrace these changes.



Alison Hatton Senior Sister



Visit from the Macmillan Partnership Team

Sara Mathewson Macmillan Partnership Manager, Kathy Tasker Macmillan Engagement Lead and Sarah Cawthra Macmillan Communications officer. They visited the Centre for a look at the facilities and to meet the Macmillan staff here at WGH



Macmillan Centre in the community



Weston Islamic Education Centre



The Other Place



**Pop up at Clevedon Flower show
Knitted items donated via the local support group
You Tree**

Over the past few months Emma, our Macmillan Centre Manager has been promoting the centre in our local community. She attended the Weston Islamic Education centre open day, visited The other place community hub. There has been a pop up stand at the Clevedon flower show and our regular monthly stand has re-started at the Healthy Living Centre. Emma also supported the Hawthorns retirement village coffee morning.

Pop up Stand at the Healthy Living Centre



Emma, Centre Manager and Aggie Jasinski, Customer Services Manager at the Hawthorns, Clevedon Macmillan Coffee Morning



Macmillan Coffee Mornings



In true Macmillan style the Cancer Support Workers in BHOC and the Macmillan Support Centre here in WGH both held coffee morning's and together we raised over £ 500 thank you to all who came and supported us. The winner of the cake raffle was: the mother of a patient who was really surprised as in her words "she never wins anything"





Personalised Care Institute

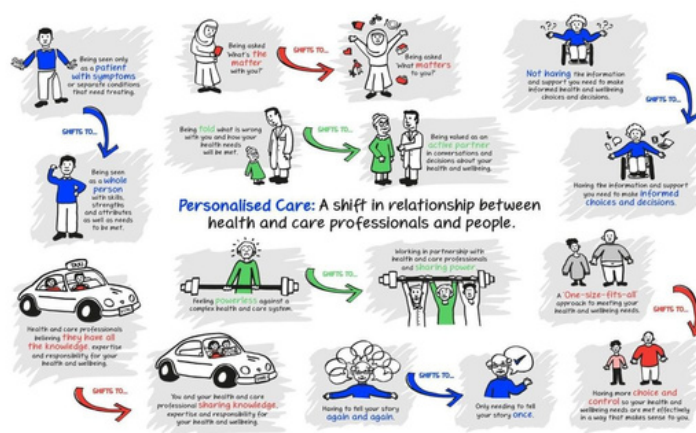


Personalised Care - "What matters to you?"

One of the practical changes in the NHS Long Term Plan - Personalised Care sees relationships evolving between people, professionals and the health and care system; a shift from **"What is the Matter with you"** to **"What Matters to You"**. This is an exciting change as it enables people to have their voice heard connecting to one another and their communities. Personalised Care gives people choice and control over their mental, and physical health, just as they have come to expect in every other aspect of their life.

Have you had a 'what matters to you conversation'?

By asking "what matters to you?" we are listening and understanding what matters to an individual within the larger context of their life, the things that are most important to them; establishing a relationship between people giving and receiving care. As we all know when patients are engaged with their health care decisions, it can greatly improve their outcomes.



Personalised Care for people living with cancer

As someone who has previously worked in cancer services, I can confidently say that following the success of the recovery package personalised care in cancer is not a new idea, in fact it is one that has been embraced by healthcare professionals and volunteers alike. You have been successfully empowering people living with cancer to take an active role in the way their care is planned and delivered, whilst ensuring interventions and care is tailored around the things that matter most to them.

Learning and development opportunities - Did you know?

The Personalised Care Institute www.personalisedcareinstitute.org.uk has a wealth of learning available for all healthcare professionals which is accredited with the Royal College of General Practitioners. An example of their free offers:

eLearning ranges from 30 – 60 mins:

- Core Skills
- Shared Decision Making
- Personalised Care and Support Planning
- Leading Personalised Care as a Junior Doctor
- Remote consultations

Endorsed learning ranges 45mins – 6 hours

- Healthy Weight Coach
- Person Centred Approaches
- Make Every Contact Count
- Physical Activity and Health Programme

Training can be carried out in a single or multiple sitting - when your time permits. Once you have completed and evaluated each individual piece of training you will receive continuous professional development (CPD) points and a certificate for your portfolio.

For more information please contact
Nikki Shephard South West IPC Manager NHS England
england.swipc@nhs.net

Contact the Macmillan Support centre on :
01934 881079
Ex 5079 or email :
WGHMacmillansupportcentre@UHBW.nhs.uk

For information,
support or just
someone to talk to,
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