Document Reference: PD-ESL-WGH-UserHandbook



University Hospitals Bristol and Weston NHS Trust



Department of Pathology



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> Microbiology User Guide

Essential guidelines for staff that use
University Hospitals Bristol and Weston Trust
Microbiology Services at Weston

2023 Version 3.0

Author: Natalia Casey Edition No: 4
Approved by: Mark Woodward Page 1 of 13 Active Date: 12th September 2023

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Microbiology User Guide

1.0 Scope of document

 This document is a User Manual which describes the services provided by the microbiology division within Pathology at University Hospitals Bristol NHS Trust, Weston. The document is designed for use by all users of the service and the information contained herein is correct as of the time of printing.

2.0 General information

- The Microbiology service for Hospital users and local community GP's is provided, in the main, by Southmead Microbiology, Southmead Hospital, Telephone 0117 414 6222.
- This facility provides a comprehensive high quality, medically led service. For specialist tests, this facility refers samples to appropriate nationally accredited Reference Laboratories across the UK.
- UHBW NHSFT has a contract with UKHSA at Bristol for bacteriological, virological and serological investigations.
- We are happy to meet all interested staff to discuss matters pertaining to Microbiology and to receive any feedback regarding our service. Whether it be Medical, Scientific, Computing or Clerical please contact us during normal laboratory hours.
- Laboratory services are provided by Biomedical Scientists (BMSs), MLAs (Medical Laboratory Assistants), and Consultant Laboratory Medical Staff.
- The Medical Microbiology laboratory at Southmead provides services to the Weston Area General Practice Surgeries in conjunction with the Hospital patients and clinics.
- Deliveries are made to the hospital at 12pm, 3pm and 6pm from various surgeries in the local area.
- This Microbiology work is packaged for dispatch to Southmead Microbiology for processing, without further handling or input.
- Weston Hospital hosts an essential services laboratory, [ESL], to provide a limited repertoire of on-site tests. This includes PCR testing for C. difficile toxin, respiratory viruses, Norovirus and Covid-19.
- Results of all tests generated by both laboratories are entered into the laboratory computer
 system as soon as they are available and reports are issued daily. Results judged to be of
 particular clinical urgency or relevance is made known to the responsible clinician as soon as
 they become available. Isolates of public health significance or of importance for hospital cross
 infection are reported directly to the relevant person.

2.1 LABORATORY AVAILABILITY

- Routine Hours for Microbiology at Southmead are 08.30 20:00 Monday Friday (exc. Public Holidays)
- Routine Hours for the Essential Services laboratory at Weston General are 08.30 17:00
 Monday Friday (exc. Public Holidays)
- On Saturday and Sundays mornings and Public Holidays, Microbiology at Southmead can be reached on 0117 424 6222 between 08:00 17:00 (see below).

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 On Saturday and Sundays mornings and Public Holidays, The Essential Service Laboratory at Weston General can be reached on 01934 647053 or ext. 3305 between 08:30 – 12:00 (see below).

2.2 GENERAL CONTACT INFORMATION AND CLINICAL ADVICE CONTACT INFORMATION

For public health advice and advice on Meningitis and infectious disease notification please call 0300 3038162.

2.2.1 Microbiology Contact List and General Enquiries

Microbiology				
Medical Microbiologists:				
Dr Mbiye Mpenge	Bleep 243	01934 647053 01934 636363 Ext 5304	Mbiye.Mpenge@nhs.net	Monday -
Dr Julia Colston	Bleep 243	01934 647053 01934 636363 Ext 5304.	Julia.colston@nbt.nhs.uk.	Friday
Microbiology Laboratory Southmead		0117 414 6222		Monday - Friday
Head Biomedical Scientist: Mrs Nicola Childs		Tel: 0117 4146218 Mob: 078009 15205	Nicola.childs@nbt.nhs.uk	Monday - Friday
Microbiology laboratory: For routine enquiries		0117 414 6222		Monday - Friday
Essential Services Laboratory Weston:	3305	01934 647053		Monday - Friday
Head Biomedical Scientist: Mr Mark Woodward	3303	01934 647017	Mark.woodward2@uhbw. nhs.uk	Monday - Friday
Microbiology laboratory: For routine enquiries	3305	01934 647053		Monday - Friday

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3.0 Sample collection

3.1 SAMPLE LABELLING

- It is imperative that any sample taken from a patient can be identified using 3 patient identifiers. Without this minimum information, a sample cannot be guaranteed to be processed. In order to do so, the minimum requirement for identification is:
 - Surname
 - Forename
 - Hospital registration number or date of birth or NHS number

3.1.1 Containment Level 4 Organisms

- Certain organisms are classified as being Containment Level 4 by the Advisory Committee on Dangerous pathogens (ACDP). Samples should NOT be taken or sent to the laboratory from patients suspected as having the following diseases without consulting the Medical Microbiologist, Head BMS and referring to the relevant Trust policy:
 - Severe Adult Respiratory Syndrome (SARS)
 - Viral Haemorrhagic Fever (VHF)
 - Creutzfeldt Jakob Disease (vCJD)
 - Rabies
 - Anthrax
- Likewise for Containment Level 4 organisms, please ensure that the request form is clearly labelled as 'DANGER OF INFECTION' and use unambiguous and commonly recognised terminology. Failure to do this may result in risk to laboratory staff.

4.0 Microbiology investigations

- General Bacteriology;
- Priority Specimens [CSF/ Sterile fluids / Tissues]
- Mycology
- Parasitology
- Mycobacterial investigation
- Miscellaneous PCR
- Serological tests
- Antifungal drug assays

Performed at Southmead Microbiology, please refer to the Southmead Infectious Sciences User Manual

Southmead Infection Sciences User Manual

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5.0 Antigen and molecular detection - on-site testing in the ESL

Investigation	Sample Type	Container	Pre- analytical Storage	Post- analytical Storage	Notes
Influenza A, B and RSV (Respiratory Viruses) by PCR	Viral throat swab 1ml or 3 ml tube is acceptable. Please ensure there is liquid in the tube before sending to the laboratory	Viral swab container with green or red top	Refrigerate for up to 24 hrs if necessary; immediate dispatch for testing is preferred	Samples are stored in the fridge for four days after testing	All negative samples for ITU patients and children under the age of 1 will be referred to Bristol for full respiratory panel testing. Performed on site by the Essential Services Laboratory Positive samples will be referred to UKHSA for further testing, dependent upon results, for further information, please contact the laboratory
Clostridium difficile – toxin testing	Faeces samples [Please send a minimum of 10ml of faeces]	Sterile 30 ml. plastic universal container with spoon	Refrigerate for up to 24 hrs if necessary; immediate dispatch for testing is preferred	Refrigerate (stored for 3 days or frozen for 1 year if positive)	5-20g (or ml) sample required. This test can be performed from the same sample requested for Norovirus or culture. Performed on site by the Essential Services Laboratory Positive samples may be referred to UKHSA for further testing, dependent upon results, for further information, please contact the laboratory

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Investigation	Sample Type	Container	Pre- analytical Storage	Post- analytical Storage	Notes
Norovirus by PCR	Faeces or vomit samples [Please send a minimum of 10ml of faeces	Sterile 30 ml. plastic universal container with spoon	Refrigerate for up to 24 hrs if necessary; immediate dispatch for testing is preferred	Refrigerate (stored for 3 days or frozen for 1 year if positive)	Will only be processed once per patient per hospital stay. This test can be performed from the same sample requested for C. difficile or culture. Some test interference can occur with excess haemoglobin, mucin, cholesterol, triglycerides or whole blood in the sample. Performed on site by the Essential Services Laboratory Positive samples may be referred to UKHSA for further testing, dependent upon results, for further information, please contact the laboratory
COVID-19 testing by Cepheid	Viral nose and throat swab 1ml or 3ml tubes are acceptable Please ensure there is liquid in the tube before sending to the laboratory	Viral swab container green or red lids.	Refrigerate for up to 24 hrs if necessary; immediate dispatch for testing is preferred	Samples are stored in the fridge for four days after testing, Positive samples are referred to UKHSA for Genotyping	Rapid onsite tests must be authorised by the site team. All other samples are referred to NBT laboratory. Samples must be double bagged with the rapid label on the external packaging. Performed on site by the Essential Services Laboratory Positive samples will be referred to UKHSA for further testing, dependent upon results, for further information, please contact the laboratory Onsite COVID-19 PCR is currently a non-accredited ISO 15189 Test. Assessment has taken place and we are awaiting confirmation of compliance.

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6.0 Weston ESL in-house turnaround times

The final identification and susceptibility testing of some organisms can take much longer than indicated and may need referral to a reference laboratory. In this situation interim results will be issued as soon as practicable.

Turnaround times are measured from the time of receipt to availability of report in 90% of cases		
Sample Turnaround time		
Respiratory Virus [inc. Covid]	2 Hours	
Clostridium. Difficile	24 Hours	
Norovirus	24 Hours	

7.0 Southmead infection sciences turnaround times

For all investigations performed at Southmead Microbiology, please refer to the Southmead Infectious Sciences User Manual

Southmead Infection Sciences User Manual

8.0 Test preparation and sample containers

8.1 REQUESTING

• For all requests please provide accurate and appropriate clinical details. This will allow the laboratory to correctly process and interpret specimens and their results. Clinical details include antibiotic treatment, clinical signs and symptoms, foreign travel, immune status and dates of onset.

8.1.1 Form Completion

- Ideally, most requests will now be made electronically through the ICE system.
- Where this is not the case or during downtime we will accept paper request forms, however it
 is important that they are filled in correctly. For guidance on the completion of request forms,
 including the minimum criteria for positive patient identification, please refer to the Pathology
 User Guide.

8.1.2 Electronic Requesting

- Where possible, please use the electronic requesting system ICE for requesting tests. This enables a more rapid receipt and processing of samples within the laboratory. Please also ensure that the specimen is labelled with an ICE produced sticker (barcoded) before sending the specimen to the laboratory in the specimen bag.
- Please ensure that you have selected the correct test and obtained the correct sample for this
 request before sending the specimen to the laboratory. Failure to do this may result in
 incorrect tests being performed or rejection of samples for processing.

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9.0 Microbiology sample container description

Swabs	Container
	Purple topped, liquid trans-swab, for routine bacterial culture
	White topped, liquid trans-swab, for MRSA / MSSA culture
	Viral swab pack with red tube. Note that lids could also be purple or green in some cases. This is appropriate for Herpes and Covid testing.
Marie Communication (197	Aptima <u>vaginal</u> swab pack with orange tube
	Aptima <u>urine</u> pack with yellow tube
	Swab pack with blue tube, Whooping cough culture / PCR
	Red lidded Boric Acid tubes with collection transfer device – 10ml (for Microbiology ONLY)
	Blue universal with spoon – 30ml
	Plain universal 30ml pot
	Wide top plain pot – 60ml
Parisit Description Descriptio	Myco-Trans envelope containing sealable package
	Quantiferon tubes x4 pack – available from Microbiology
	Serology blood tubes – yellow SST (general serology) and purple EDTA (viral load)

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10.0Routine and out of hours service

10.1 ROUTINE HOURS

- Routine Hours for Microbiology at Southmead are 08.30 20:00 Monday Friday (exc. Public Holidays)
- Routine Hours for the Essential Services laboratory at Weston General are 08.30 17:00
 Monday Friday (exc. Public Holidays)
- On Saturday and Sundays mornings and Public Holidays, Microbiology at Southmead can be reached on 0117 424 6222 between 08:00 17:00 (see below).
- On Saturday and Sundays mornings and Public Holidays, The Essential Service Laboratory at Weston General can be reached on 01934 647053 or ext. 3305 between 08:30 – 12:00 (see below).

10.2 Out of normal routine hours (including Public Holidays)

- The microbiology out of hours service is for essential urgent requests only. If you require an urgent microbiology request, contact the OOH Blood Science BMS on bleep 4017.
- N.B. It is the responsibility of the requesting clinician to;-
- 1, To contact Weston Pathology staff when an urgent sample is taken to the lab.
- 2, To contact the on-call Microbiology BMS @ Southmead, who will arrange collection of the sample from Weston, the processing of the sample @ Southmead, and the telephoning of results to the requesting clinician.
- The Weston OOH Blood Sciences BMS will provide details of contact numbers, and record the dispatch of the sample for audit purposes.
- On Saturday, Sunday and Public Holiday mornings, the Microbiology Laboratory @ Southmead will be staffed between 8 am and 5pm, some routine and all urgent work will be processed.

10.3 MICROBIOLOGY TESTS AVAILABLE BY TELEPHONE REQUEST (URGENT SAMPLES)

Department	Urgent work during	Urgent work out of hours
	routine hours	
Microbiology	Telephone requests	Microscopy and culture for CSF
	and specified requests	Joint fluids and Ascitic fluids
	for result to be phoned	Urgent TB microscopy
		Tissue or pus samples that require urgent gram stains

- Please phone urgent test requests in advance during routine hours to the ESL
- Please phone urgent test requests in advance out of hours to the on-call BMS @ Southmead to ensure that upon arrival they are processed accordingly.
- No notification of an urgent request may result in a significant delay in processing.
- It is the responsibility of the requesting clinician to ensure that the laboratory is informed of an urgent sample. It is also best practice to highlight upon the request that the sample is to be urgently processed and to provide a bleep number.

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 All out of hours investigations will be entered, on completion, onto the Pathology computer system and can be accessed on ICE, with the appropriate password, from any network PC terminal in the hospital. All urgent results will be telephoned upon request. Please provide a bleep or other contact number with the sample.

11.0 Test result reporting at Southmead microbiology and essential service laboratory at Weston general

All test results will be available on ICE; these results will include reference ranges [where
appropriate] and clinical interpretation of the clinical significance of the results in the report.
This interpretation will be guided by biological reference intervals for each specific analysis,
details of which are available upon request from the laboratory, using the contact numbers
above in 2.2.1.

12.0Trust antimicrobial policy

- Gentamicin and Vancomycin Antibiotic level testing is performed in Biochemistry.
- Other assays, including Amikacin and Teicoplanin are referred to Bristol. Please refer to the Biochemistry User Manual for further information.
- To ensure the most cost effective use of antibiotics, and to minimise the emergence of resistant strains, antibiotic policies have been developed. These and other documents can be found in the Trust Intranet under "Policies & Guidelines" and "Antibiotic Policies":
 - Trust Antimicrobial Guidance
 - Guidance for the Restriction of Antibiotic Prescribing
 - Antibiotic Prescribing in the Penicillin Allergic Patient
 - Antibiotic Policy for Switching from Intravenous to Oral Antibiotics
 - IV Gentamicin Guidance for Prescribing and Monitoring
 - IV Vancomycin Guidance for prescribing and Monitoring
 - Clostridium difficile Policy Management, Treatment and Control
 - Medical Antibiotic Guidance
 - Surgical Antibiotic Guidance
 - Critical care Antibiotic Guidance (ITU)

For further information or clinical advice regarding antimicrobial therapy, please contact the Consultant Microbiologist.

12.1 ANTIBIOTIC LEVELS

- When aminoglycosides or glycopeptides are used for therapy, blood levels must be determined. Levels must be monitored at least twice weekly and more often with impaired renal function.
- Specific Antibiotic Guidance for individual specialities is available from individual departments
 e.g. Critical Care Antibiotic Guidance is available from the Anaesthetic Department. Copies of
 Antibiotic Guidance will also be kept with microbiology secretary ext. 3321.
- All samples submitted for assay must have the following information.

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- Date and time that the level was taken
- Drug was last administered.
- Indication (i.e. diagnosis) for the antibiotic
- Dose and frequency of the prescribed antibiotic

Failure to provide this information will make it impossible to interpret the result.

Please refer to the Biochemistry User Manual for further information.

13.0 Governance

13.1 QUALITY STANDARDS

13.1.1 United Kingdom Accreditation Service (UKAS)

- Microbiology at Southmead Hospital holds laboratory accreditation with United Kingdom Accreditation Service (UKAS) for the majority of their tests. Please refer to the UKAS website for full accreditation status: <u>Search UKAS accredited organisations</u>.
- UHBW ESL is compliant with ISO 15189:2012 and all tests are accredited with the exception of Covid on the Cepheid which is awaiting completion of extension to accredited test scope. A comprehensive quality assurance program is an integral part of the procedures of the diagnostic ESL and is necessary for compliance with accreditation standards assessed by the UKAS.
- The following examinations provided by the Department do not currently come under our current accreditation status to ISO 15189 and are listed below:
 - Point of Care Testing
 - COVID-19 Testing (by Cepheid)
- The accreditation status of referral laboratories can be found on the UKAS website and is checked regularly to confirm that these laboratories are ISO 15189:2012 compliant.

13.1.2 Health and Safety Executive (HSE)

• The relevant areas within microbiology also comply with requirements and regulations of the Health and Safety Executive (HSE) regulatory body.

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14.0Appendix 1 - notification of infectious diseases

NOTIFIABLE DISEASES

List of Notifiable Diseases				
Acute encephalitis	Meningitis	Smallpox		
Acute poliomyelitis	Meningococcal septicaemia	Tetanus		
Anthrax	Mumps	Tuberculosis		
Cholera	Opthalmia neonatorum	Typhoid fever		
Diphtheria	Paratyphoid fever	Typhus fever		
Dysentery	Plague	Viral Haemorrhagic fever		
Food Poisoning	Rabies	Viral Hepatitis		
Leptospirosis	Relapsing fever	Whooping cough		
Malaria	Rubella	Yellow fever		
Measles	Scarlet fever			

N.B. This list includes statutory notifiable infectious diseases and other infectious diseases that should be notified.

It is the statutory duty of the clinician responsible for a patient suffering from one of the
notifiable diseases listed below to notify the proper officer. Forms for the Notification of
Infectious Diseases or Food Poisoning are available from the Microbiology Laboratory, and
from the following address:-

The Consultant
CCDC
Control of Infection Unit
Avon Health
10 Dighton St
Bristol
BS22 8EE

Tel 0117 9002621

- Communication by telephone should be made during the day to the Control of Infection Unit, Avon Health, on 0117 9766621, and where appropriate out of hours, through the hospital switchboard via Ambulance Control to the CCDC, or deputy on-call for Public Health Medicine.
- Telephone contact allows the CCDC to implement any action required in the community as rapidly as possible and is particularly important for prophylaxis in some meningitis cases.
- Telephone contact should be followed by written notification.